

Table 1

<b>Sea Kayak Generic Risk Assessment - Dorset Disabled Canoe Unit</b>				
Date carried out:	26/09/19	Assessed by:	Mike Holgate	
<b>HAZARD</b>	<b>WHO MIGHT BE HARMED?</b>	<b>HOW MAY THE RISK BE ADEQUATELY CONTROLLED?</b>	<b>WHAT FURTHER ACTION MAY BE REQUIRED?</b>	<b>Review comments/date</b>
<b>Weather</b>				
Rough Seas	Group	Activity Will not commence in very rough seas. Coach/Sea Leader will assess the sea conditions based on wind/swell forecasts and the conditions on the day. Problem areas will be well known and Coach/Sea Leader will assess whether the session can start/continue also based on the groups abilities.	Relocate to safer area.	
Wet Conditions	Group	Coach/Sea Leader will brief the participants to ensure they are aware of areas which may be slippery. Coach/Sea Leader to ensure participants have adequate protective equipment for the conditions.Coach/Sea Leader to carry full emergency kit which includes spare clothing.	Move to different location.	
Sun	Group	Coach/Sea Leader should advise participants to wear sunscreen and carry some spare in the vehicle for emergencies. On very hot days the Coach/Sea Leader should be aware of the possibility of group members overheating.	Seek shelter.	
Lightning and/or storms/High Winds	Group	Activity will not commence in Storms or very high winds which would normally be associated with very rough seas. Any sign of lightning nearby and group will return to land and shelter.	Seek safe shelter.	
Cold	Group	Coach/Sea Leader to check regularly that all group members are warm enough. Sessions may need to be shortened on very cold days.	Go ashore and seek shelter.	
<b>Terrain</b>				
Leaving the beach/slipway		Extra care to be taken as kayakers enter boats. Coach/Sea Leader on the water 1st . Participants and Coach/Sea Leader to help each person if necessary.	Re-locate	
Exiting the kayaks back onto beach/slipway		Correct briefing given. Group to exit one at a time, especially in swell and not to crowd exit point. Coach/Sea Leader normally last on the water helping individuals where necessary.	Re-locate	
Leaving /Entering Caves		Coach/Sea Leader to assess whether caves can be entered safely based on swell conditions and group ability. Helmets to be worn at all times.	Cease activity	
<b>Equipment</b>				
Injury due to faulty equipment or ill fitting equipment.		Coach/Sea Leader to ensure that wetsuits, buoyancy aids and helmets fit correctly. Wetsuits should fir snugly especially on colder days. Coach/Sea Leader to make sure all group members have appropriate footwear.	Cancel session for those without suitable equipment.	
<b>Other</b>				
Falling Rocks		Time spent under cliffs should be kept to a minimum.	Keep well clear of cliffs.	
Tiredness/Fatigue		Coach/Sea Leader to tailor session to the weakest members' ability.	Shorten trip.	
Capsizing		Coach/Sea Leader to brief participants in capsize drill at start of session.	Practice capsizing.	